

hide

at st donats

CABANS – Guest Information

Welcome to hide!

We have put together the following information to answer practical questions you may have, as well as giving you an introduction to the local area.

We hope this will help you to enjoy your stay with suggestions of walks and places to explore in the Vale of Glamorgan, as well as a guide to pubs, restaurants and shops.

We would be delighted to help with any further information that you may need.

Contact Paula & Tom

01446 794362

07766 726317

paula@hide.wales

CABAN

Merios

(name of south Wales mine)

The Caban were designed and made in Wales by Jonathan Cooke and the co- owner of „hide“ Tom Parker.

“Caban” refers to the name given to Welsh mining cabins. It seems well suited, reflecting a cultural link to the region where these small buildings provided shelter, often in remote and charming locations.

It was a common, well-documented practice, particularly in the 18th and 19th centuries, for owners of both small and large mines to name their pits (mines) after their daughters, wives, or other female family members.

This tradition, often seen in Wales and other regions with established mining industries, served as a way for proprietors to personalize their businesses and honor their families.

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1 Housekeeping

1.1 Fire

Please put your own safety first.

Please familiarise yourself with exits, escape routes and fire extinguishers on arrival.

In the event of a fire, leave the building immediately.

Report to the main building, press the “bell” on the Pavilion notice board, telephone 999 and ask for the Fire Service.

The Fire Extinguisher is by the door in the Caban

Exit via the main doors or if unable to exit via the door due to fire, exit in emergency only via the two horizontal windows by kicking the wooden sill between the two pairs to release them, then push the windows out.

1.2 Emergency Contacts and Services

DOCTOR

Western Vale Family Practice – Llantwit Major
Boverton Road, Llantwit Major, CF61 1XZ
01446 794080

HOSPITAL

Princess of Wales Hospital, Coity Road, Bridgend, CF31 1RQ
01656 752752 – Accident and Emergency 24 hours

In case of emergency: telephone 999 and ask for Ambulance Services

For non-life-threatening medical concerns: phone NHS 111
NHS 111 is much more than a helpline, if you're worried about an urgent medical concern, you can call 111 to speak to a fully trained adviser. Depending on the situation, the NHS 111 team can connect you to a nurse, emergency dentist or even a GP, and can arrange face-to-face appointments if they think you need one. NHS 111 advisers can also assess if you need an ambulance and send one immediately if needed. Open 24 hours.

POLICE

Local Police Station - Llantwit Major

Telephone 01446 792268

www.south-wales.police.uk

In an emergency telephone 999 and ask for Police.

For a non-emergency telephone 101

Please always telephone 999 in an emergency. For example, if there is a risk to life, a crime is happening, or when violence is threatened.

Please telephone 101 for non-urgent crime and general inquiries. For example, if your car is stolen, or your property is damaged.

DENTIST

Wyndham House Dental Practice

Boverton Road, Llantwit Major

CF61 1XZ

01446 795240

CHEMIST

Boots Pharmacy

7 Boverton Road, Llantwit Major

CF61 1XZ

01446 792300

2 To Contact a member of Staff

- 2.1 House Bell - Press the black button on the Pavilion noticeboard
- 2.2 Call or text Paula & Tom on 07766 726317 or 01446 794362
- 2.3 Check-out 10.30 Prompt

3 Your Accommodation

- 3.1 **Extra Blanket** is stored in the Laundry Basket
Please do not use Bedding Blankets and Cushions outside
- 3.2 **Hair Dyer and Mirror**
These are stored in the second drawer of the chest
- 3.3 **Electric Blanket**
The Electric Blanket has a dual control. To turn on, use the slide switch on the reverse on the controls. Then adjust timer and temperature using the buttons on the front of the controls.

3.4 **Electric Heater**

Please do not leave the heater on if you are not present.

Be aware, the fan sometimes continues for a short while after you have switched it off

3.5 **Torch & Binoculars**

Your torch & Binoculars are in the top drawer of the chest

3.6 **Starter Pack**

Milk

Tea bags in jar on worktop

Sugar in jar on worktop

Coffee - 100g sample pack and larger pack for purchase if required

Wood is in the basket also kindling, fire lighters and lighter

3.7 **Wood Burning Stove and Logs**

Wood burning stoves may only be used once you have had a demonstration by a member of staff. The use of the wood burner is at your own risk, if you have any concerns you can use the electric heater instead. We are on-hand to give further assistance if needed.

Operating / lit wood burning stoves are not to be left unattended at any time.

Written wood burner instructions are beside the wood burner.

Please do not use anything other than the wood, fire lighters and kindling that is provided by hide other items can cause a fire in the flue.

Complementary logs are in the basket beside the burner.

Extra Bags of logs are available at £5 per bag. They are stored in your woodshed at the rear of the kitchenette.

These logs can also be used for the fire pit, **DO NOT USE DECORATIVE LOGS UNDER THE CABAN.**

3.8 **Fire Pit, BBQ, Charcoal Bags**

Fire Pit - Please place the Fire Pit on the slab provided to avoid burning the ground or grass.

Your fire pit, BBQ, charcoal bags and logs are located in your woodshed at the rear of the kitchenette.

BBQ – Charcoal Packs are £2.50 each

Position the BBQ onto one of the slabs. Place the bag on the

smaller grate in the BBQ and light the bag. Once the coals are mainly grey and smoulding the BBQ is hot enough to cook.

Please pay for any charcoal / logs used when you check out.

*To use the BBQ - place one instant light charcoal bag in the BBQ on top of the smaller grate and light the bag. Wait for the flames to die down and then the BBQ should be hot and ready to cook with.

Please pay for any charcoal - £4 / logs £5.00 used when you check out.

PLEASE DO NOT USE THE DECORATIVE LOGS STACKED UNDER YOUR HUT OR CABAN

3.9 **Blinds in the Cabans**

The blinds lift up to close and are fastened with magnets. The apex of the roof also has an acrylic dome, this can be covered/uncovered using the round wooden disc. This can be located to block light from outside and is attached in position using magnets. Please be careful when removing and replacing the cover.

4 **Kitchenette**

4.1 **Oven & Hob** – Instructions are on the wall.

4.2 **Fridge and Small Freezer** – please be careful to ensure freezer door closes fully

4.3 **Fire Blanket** – this is hanging on the wall and can be used to smother flames in the event of a small fire.

4.4 **Pot Wash Area**

This is located at the end of the Shepherds hut (Bathroom for Caban 1 & 2)

There is a large sink with hot and cold water taps.

Cleaning/dish- washing bowl and cloths used for the Pot Wash to wash your kitchen equipment is on the floor beside the fridge in your kitchenette

4.5 **Bins** – there are three – Recycling, General and Food Waste. The Main refuse area is in the corner of the carpark. **Please respect the correct disposal of waste.**

5 **Bathroom**

Please do not put anything other than toilet paper down the toilet

5.1 **Shower** – press the red light to operate. Adjust temperature with dial

5.2 **The GoodWash** supply all our bathroom products – If you would like to purchase any of these products to take home text Paula 07766726317

6 **Main Gate**

The gate is usually left open.

7 **Local transport information**

Bus 303/304

Departs from the Bus Shelter in St Donats heading to either Barry or Bridgend via key towns and beeches. The times are 11 mins past the hour going to Bridgend and 39 mins past going towards Llantwit Major. (Timetable - every hour and every 2 hours on Sunday) On Sunday it is 1 min past the hour going to Bridgend not 11 mins)

www.adventuretravel.cymru/bus-services/vale-of-glamorgan/303/

Taxi

Paul, Heritage Cars-

01446 793131

Andy Cars -

01446 796777

Uber -

(not always available via Uber app)

Trains

Llantwit Major Station

8 minutes away by Car or 303 Bus.

Parking at the station is free. Trains normally at 21 minutes past the hour to Bridgend and 54 minutes past the hour into Cardiff. Please check before travel. Timetables:

www.nationalrail.co.uk

Bridgend Station

35 minutes away by Car or taxi. There is limited pay and display parking at the station. Main Line to Swansea and London Paddington (2.5hours).

Timetables: www.nationalrail.co.uk

8 **Understand the tides and cliffs on this coastline, for your safety**

8.1 **Tides**

The beaches and shoreline along this coast are tidal. This means that they are covered by the sea at high tide and this needs to be planned for so that you do not become stranded.

The tide also comes in quickly as the Bristol Channel has the second highest tidal range in the world and can reach heights up to 13 meters.

Daily tide times are written on the Pavilion noticeboard

How the tides work?

We suggest starting your walk on the shoreline 2.5 hours after high tide to walk safely on the shoreline. You must be on dry land at an exit from the shoreline no later than 1 hour after low tide to avoid being trapped. This gives you a maximum of 4.5 hours to walk along the shoreline. The exits onto dry land are 1.5 hour walk between each exit, note: there are no exits in between, you cannot climb the rock face.

Exits from shoreline on walk 2– Coast & Lighthouse Walk (These exits are shown on the map).

- Slipway in front of St Donats Castle
- Nash Point
- Cwm Nash

If in doubt, please ask as your safety is our priority.

8.2 **Cliffs**

The cliffs along this stretch of coast are made of fractured Jurassic Limestone. This means that they are liable to crumble. Rocks can fall off the cliff at any time and under any weather conditions. For your own safety, **DO NOT go to the edge of the cliff and DO NOT sit directly below the cliff**, stay at least 30 metres away from the base of the cliff.

9 Places to visit and Walks

9.1 Area Map

You can see there are numbers on the area map within this folder – a little information about each of these areas 1 to 7 Destinations... follows in this booklet at Point 1.

9.2 Walk 2 – Coast & Lighthouse Walk (leaflet at back of folder)

Can be walked along the cliff line or shoreline (if shoreline please read 8.1 above)

You can join this walk directly from our site. Walk down the drive, turn right and walk along the road, in about 200 meters on the opposite side (corner of the playing field opposite) you can see a black bin, just before it, there is a kissing gate. You are now at Point 8 on the Walk 2 leaflet.

Note: There are four exits within 3.5 miles of the Jurassic coastline on Walk 2 (Leaflet) – Coast & Lighthouse Walk, the first and closest exit from our site onto the shoreline is in front of the Atlantic College/St Donats Castle (see walk 2, point 9 on the map) the second is Nash Point, the third is Cwm Nash – these are all about 1.5 hours walk between each, so understanding tides is very important (**see 8.1 Tides above**). There is a famous pub inland from Cwm Nash, have some food & a pint and get the 303 back to St Donats! Or you can continue for another 40 mins walk via the cliff line to Dunraven Bay (which has a sandy beach), you can walk to the main road from the beach where you can find the Three Golden Cups for some food and drink, after which you can get the 303 Bus to get back to St Donats. You can pay by card on the bus.

9.3 Walk 3 – Celtic Crosses Llantwit Major

You can join this walk direct from our site. Walk down the drive, turn right and walk along the road, in about 200 meters on the opposite side (corner of the playing field opposite) you can see a black bin, just before it there is a kissing gate. Go through the gate and walk down through two fields until you are just before the cliff-line, turn left, you are then joining point 12 and follow via point 7 and the

beach (Cwm Colhugh) and onto Llantwit Major on the Walk 3 Leaflet. ***

Note: this walk is mainly following the path along the top of the cliffs. When you get to point 10, Tresilian Bay, which is a pebble beach, the tide does not cover this entirely, so you don't need to worry about being trapped by the tide. You can continue this walk to Llantwit Major town and catch the 303 bus home after a pint in the Old Swan or White Hart! If in doubt, please ask as your safety is our priority.

9.4 **Coastal Path Pubs a walk from here**

303 Bus, service is available beside the mentioned pubs below to return to St Donats. You can pay by card, the timetable is on: www.adventuretravel.cymru/bus-services/vale-of-glamorgan/303/)

Horseshoe Inn – Walk 2 (CLOSED for refurbishment)

1.5 miles – Kitchen: Every Day

Traditional country pub set in the tranquil village of Marcross in the Heritage coast area of the Vale of Glamorgan.

Plough & Harrow - Walk 2

3 miles- One of the oldest pubs in Wales on the side of an old monastery. Warm welcoming atmosphere, the finest real ales and freshly cooked food. Tel: 01656 890209
www.facebook.com/ploughandharrowmonknash/

***The Old Swan Inn – Walk 3**

3 Miles via the coastal path. 12th Century pub. Church Street, Llantwit Major CF61 1SB Tel: 01446 792230 No food served on Monday and Tuesday.

POINT 1 Llantwit Major - 1.2 miles by car

The town's name in Welsh, Llanilltud Fawr, and is derived from the name of Saint Illtud, who came to the area from Brittany, Gaul. He founded the monastery of Illtud and the college attached to it, Cor Tewdws, which would grow into one of the most esteemed Christian colleges of the times. At its peak, it attracted over 2000 students, including princes and numerous eminent clergymen, some now revered as saints. Destroyed by the Vikings in 987, the monastery was rebuilt in 1111 and continued to be a centre of learning governed by Tewkesbury Abbey until it closed in 1539 during the Dissolution of the Monasteries. The 13th-century St Illtyd's Church, built near the ancient monastery, is today a Grade I listed building and one of the oldest parish churches in Wales. There is a visitors centre with a significant collection of early Celtic Crosses.

a) How to get there?

Llantwit Major is 1.2 miles away and is our local town.

Car: Turn left out of the drive and continue until you reach the old square surrounded by the town hall and public houses. You can park behind the Town Hall.

Bus: Bus Shelter in St Donats. The bus will travel towards *hide* to get to Llantwit Major.

Walking: We do not encourage walking to Llantwit Major on the road, there is no pedestrian pavement and cars travel at speed. For a wonderful walk along the coastline Follow 'Walk 3' as described at 9.3 earlier in this booklet. 1 hour 30 mins.

b) Places to eat and drink – Llantwit Major

The Old Swan Inn

3 miles via 'Walk 3' -12th century pub

Church Street, Llantwit Major CF61 1SB

01446 792230 – best to call them if you are planning on eating.

The White Hart

Pub/Restaurant

Wine Street

01446 796956 – best to call them if you are planning on eating.

The Bakehouse

Café
Commercial St, CF61 1RB 9am – 4pm
01446 793653

Porto Due - Italian

Restaurant
14a Pound Field, CF61 1DL 01446 789977

Shopping – Llantwit Major

Grocery - Co-Op Boverton Road, Llantwit Major, CF61 1XA
Monday – Saturday 7am – 11pm Sunday 10am – 4pm

Grocery - Filco – Boverton Road, Llantwit Major, CF61 1XA
A small supermarket with everything from vegetables, the brand COOK is available here. You can choose from a variety of homemade meals, you can prepare from frozen using your oven.

Butcher – Farmers Pantry

5 Barons Close House, East Street, Llantwit Major CF61 1TD
Monday – Friday 8am – 5pm Saturday 8am - 4pm

Deli and Bakery – Church Street Bakery

Wed, Thur, Frid, Sat 10.30am - 2pm

c) Beach

Please read safety information about tides and cliffs on this coastline in section 8 of this information booklet.

CWM Colhugh, Llantwit Major

Beach car park – Post Code: CF61 1RF

Bus 303 from St Donats bus stop to town and continue walking to the beach.

Walk via ‘Walk 3’ (Leaflet)

Llantwit Major beach has Parking, toilets and a cafe right on the sea front. The beach has some sandy parts interspersed with Rock Pools. With some stunning cliffs and geology each side of the beach. Lifeguards are often on duty during the summer season.

There is a slipway onto the beach for easy access to the sand. The slipway may get covered from time to time with pebbles, it is next to the stream at the end of the car park.

POINT 2 Llanccarfen – 8.4 miles by car

Medieval wall paintings

The church of St. Cadoc at Llanccarfen is the focus of this small and charming village in the heart of Vale of Glamorgan. The village sits 8 miles from St Donats.

The church is open to visitors between 9am and 5pm every day. Individual and group visits are most welcome.

In 2005/6, we had the roof of the South Aisle at St Cadoc's renewed and as part of that exercise some of the Wall Plates, which had been destroyed by Death Watch Beetle had to be replaced, during this some of the lime wash knocked off the wall and a 'Red Line' was found beneath, which indicated that there was almost certainly a major wall painting beneath, as we already knew from somewhat amateurish exploration previously that the wall was definitely painted.

As the Church is a Grade 1* listed building we had to employ conservationists to come and investigate, so, it was that in early 2008 Jane Rutherford and Anne Ballantine came to Llanccarfen to investigate.

It was on Shrove Tuesday 5th February 2008 that they found the most amazing start of George and the Dragon which was below over 20 coats of lime wash and from there on until this October work has continued to expose the most extraordinary series of Wall Paintings.

George and the Dragon is one of the finest paintings of its kind anywhere in Great Britain, if not Europe, but we also have the most marvellous 'Death and the Gallant' which I understand is unique, coupled with this the Seven Deadly Sins are in the most excellent condition and then on the opposite wall the Several Acts of Mercy, which whilst not in good condition are certainly worth seeing.

Lastly, we have uncovered not just one doorway into the 'Roode Loft' but two, also paintings which would have been a background to the 'Roode Screen' above the Chancel Arch, all in all a panoply of Mediaeval Art which is not found elsewhere, making St Cadoc's Church the most important and marvellous ecclesiastical site in the Vale of Glamorgan.

a) How to get there?

By car: CF62 3AD

b) Places to eat and drink - Llanccarfan

The Fox and Hounds

Llanccarfan, Barry CF62 3AD Tel: 01446 612134 – best to call them if you are planning on eating.

A country inn with bar, restaurant and a covered outside terrace overlooking St Cadoc's Church in the picturesque village of Llanccarfan.

POINT 3 Cowbridge - 7 miles by car

The market town of Cowbridge in the Vale of Glamorgan. Most of Cowbridge High Street and its little allies are lined with small independent shops. For a morning coffee, brunch or a great place for supper.

The Cowbridge Town Hall, a building whose foundations date back perhaps as far as the Elizabethan era, served as a prison until 1830, when it was converted into a town hall to replace the former Guild Hall, demolished at that date. The New Palladian Town Hall was built in 1830 by Isaiah Verity of Ash Hall who in gratitude was made a Freeman of Cowbridge. Eight of the original prison cells are still intact, six of which house the exhibits of Cowbridge Museum. The museum holds archaeological finds from Cowbridge and district, as well as displays on the later history of the town, including industrial and domestic artefacts, a photographic collection, and a small historical costume collection.

a) How to get there?

By Car – CF71 7DD

b) Places to eat and drink - Cowbridge

The Penny Farthing Cafe

54 High St, Cowbridge CF71 7AH 01446 774999

Menu: www.townandcountrycollective.co.uk

Monday- Sunday 8.30am - 5pm

Harrys Bar

Bar/Restaurant

2 Westgate, CF71 7AQ 01446 771450

Toscana – Italian Restaurant

Unit 1 Britannia House 01446 789115

Barbacoa – Tapas

69 High St, CF717AF 01446 789318

Tues – Saturday

Ground Café

35 High St, CF71 7AE

The Pear Kitchen – Vegan Café

15 High Street, CF71 7AD

01446 772001

Hare & Hound Bakery – for eating in or takeaway

North Road, Cowbridge CF71 7DF www.hareandhoundsbakery.com

Public Houses Cowbridge – all on the High Street

The Bear Hotel - restaurant open 12 – 9pm daily

The Bear Inn, today known as the Bear Hotel, is an Inn on the Cowbridge High Street. The block stone building has a blue plaque on the front, making its historical significance. It became a Grade II listed building on the 12th May 1963. The inn is dated to the medieval period, around the 12th century.

01446 774814

The Vale of Glamorgan – Food at lunchtime

Traditional pub specialising in real ales.

01446 772252

The Duke of Wellington – kitchen open daily.

A traditional pub, cosy bar and dining areas.

01446 773592

Shopping Cowbridge:

Grocery – Waitrose and Partners, Birds Lane,

Cowbridge CF71 7AG Mon – Sat 8am- 9pm

Sun 11am – 5pm

Butcher – I.G Nicholas, 26 High Street,

Cowbridge, CF71 7AG Tues – Sat 9am – 5pm

Deli – Elephant and Bun

Great Cheese and fresh Welsh cakes! 31 High Street, CF71 7AE

Farmers' Market - Arthur Johns Carpark

North Road, Cowbridge, CF71 7DF

1st & 3rd Sat of the month

9am – 1pm

Forage – Deli/ Restaurant/ Café & Farm Shop

www.foragefarmshop.co.uk

01446 774113

Penllyn Estate, Llwynhelig, Cowbridge CF71 7FF

POINT 4 Dunraven Bay (also known as Southerndown)

4.6 miles by car

Please read safety information about tides and cliffs on this coastline in section 8 of this information booklet.

Dunraven Bay is arguably the most scenic of the numerous idyllic beaches in the Vale and is certainly the most popular with the locals. The drive or walk to the bay is right on the cliff edge and has the type of dramatic drops that will make your heart shudder. Although the beach is officially called Dunraven Bay, it is also called Southerndown beach. The half pebble, half sand stretch is nicely secluded and has impressive surf due to the eastern Atlantic offshore winds. If you fancy a good walk and less people, try going through the large gate in the car park and walk along the Glamorgan Coastal Path past the ruins and gardens of Dunraven castle to the next bay. The views are wonderful and there is plenty of space when the tide is out to sit and relax.

Beaches

Geologists love this rugged stretch of the Glamorgan Heritage Coast. Around 300 million years ago, a continental collision caused its limestone cliffs to be pushed up out of the sea and contorted into striking formations of stacked rock. This is one of the best places in Wales to hunt for Jurassic fossils including large bivalves (Pinna), Gryphaea (Devil's Toenails) and ammonites. Ichthyosaur bones have also been found.

a) How to get there?

By Car: Car Park CF32 ORP – usually approximately £5 for the day.

Walk: - Approximately 4 hours* Follow Walk 2 and continue until you get to a cove with a lifeguard hut, you are there. On the return you can get the 303 bus from the Three Golden Cups pub on the main road up from the beach to get back to St Donats Bus stop, 800 meters from our site.

Bus: Bus Shelter in St Donats to the Three Golden Cups. On the return you can get the 303 bus from the Three Golden Cups pub on the main road to get back to St Donats, 800 meters from our site.

b) Places to eat and drink – Southerndown/ Dunraven Bay

Three Golden Cups Pub (bus stop to get back to hide, 303 bus)

Directly positioned at the top of the lane from the beach.

Southerndown, Vale of Glamorgan, CF32 0RW 01656 880432

Frolics Restaurant (bus stop to get back to hide)

Italian, Mediterranean Menu

Beach Road, Southerndown CF32 0RP 01656 880127

The Great White Café & Kitchen

Great View – Bar open until sundown

20 mins walk from Dunraven/Southerndown Beach

West Farm, Southerndown CF32 0PY 01656 332638

(Bus stop to get back to the hide 303 Bus)

POINT 5 Ewenny Priory - 6.1 miles by car
Abbey Rd, Bridgend CF35 5BW

Ewenny Priory, was a monastery of the Benedictine order, founded in the 12th century.

The priory was unusual in having military-style defences and is widely regarded as one of the finest fortified religious buildings in Britain. Over the centuries the priory has sustained some damage, and following the Dissolution of the Monasteries in 1536, was, like many of its kind, converted into a private house, Ewenny Priory House, which is still inhabited by its current owners, the Turberville family. The priory is not open to the public apart from the church, The priory was founded in 1141 by Maurice de Londres when he granted the nearby Norman church of St. Michael to the abbey of St. Peter at Gloucester (now Gloucester cathedral), together with the churches of St Brides Major, St. Michael at Colwinston and the manor at Lampha. The church had been built in the 12th century by his father, William de Londres, one of the Norman knights of Glamorgan. The village of Ewenny grew around the Priory and church.

Transept of Ewenny Priory, Glamorganshire

J.M.W. Turner

The church is a Grade I listed building, the house is Grade II Although Turner had made only a quick drawing of the interior of Ewenny Priory on his first tour of South Wales in 1795, he was clearly fascinated by the place, for its bold Romanesque architecture and mysterious atmosphere. He developed the first modest study, in his Smaller South Wales sketchbook (Tate D00472; Turner Bequest XXV 11) into an important watercolour, shown at the Royal Academy in 1797 (National Museum Wales, Cardiff).

a) How to get there?

Car: Free Carpark CF35 5BW

Bus: 303 towards Bridgend – get off at the end of Abbey Road and walk from there, about 8 mins.

b) Places to eat and drink – Ewenny

Ewenny Village Shop – take away, great little bakery, fabulous pasties! 32- 24 Wick Rd, Bridgend CF35 5BZ

The Fox - on the way or returning to Ewenny you pass a small village St Brides Major where there is a great pub.

www.thefox-stbridesmajor.co.uk

Owned by the famous rugby player Gavin Henson

St Brides Major CF32 0SA

01656 881048

POINT 6 Mertyr Mawr Beach & Dunes - 6.4 miles by car

There are two beaches separated by the river Ogmore, please note that this river is affected by the tides. This location in (beach) is related to the west side of the river. Please read safety information about tides and cliffs on this coastline in Section 8 of this information booklet. Please note, if you cross the river you can get trapped with the high tide. Distance 6.4 miles by car.

The sandy beach is backed by the dunes of Merthyr Mawr Warren on the West side of the Ogmore river. Parking is at a pay and display car park, pleasantly situated in the wooded glade next to the ruins of Candleston Castle; a 14th Century fortified Manor house. A small wooded hut houses male and female toilets. The car park can be reached by following the lane through Merthyr Mawr village with its delightful thatched cottages. Please read safety information about tides and cliffs on this coastline in section 8 of this information booklet.

Beach - Access to the beach is a walk about a 3/4 of a mile across the dunes of Merthyr Mawr Warren. The June system is a maze of paths and there are numerous possible routes to the beach, so if you are not familiar with the area follow the route marked with the red discs. The largest sand dune in Europe, known locally as the Big Dipper is just to the South of the car park.

a) How to get there?

Car: Distance 6.4 miles by car. Merthyr Mawr/ Candleston Car Park CF32 OLS

b) Places to eat and drink – Close to Merthyr Mawr

The Pelican Inn

www.thepelicaninnogmorebysea.co.uk

Ogmore Rd, CF32 0QP

Tel: 01656 856464

The West Farm – Great View across the channel

The Great White Café Bar & Kitchen

01656 332638

POINT 7 St Fagans, National Museum of Welsh History

This museum has been Wales's most popular heritage attraction for many years. It holds a special place in the hearts of the people of Wales. This is because St Fagans is a people's museum, where we explore history together through people's everyday lives.

Entry to the Museum free, thanks to support from the Welsh Government.

Since 1948 over forty original buildings from different historical periods have been re-erected in the 100-acre parkland, among them houses, a farm, a school, a chapel and a splendid Workmen's Institute.

At St Fagans you're invited to explore the story of Wales, to shape it and share it with others. In the galleries you can do this in different ways – through play, sharing online or by making things yourself by hand. The galleries have been created with the help of numerous individuals, organizations and communities across Wales

Traditional crafts and activities bring St Fagans alive, in workshops where craftsmen still demonstrate their traditional skills. Their produce is usually on sale. Native breeds of livestock can be seen in the fields and farmyards, and demonstrations of farming tasks take place daily. Visitors gain an insight into the rich heritage and culture of Wales, and the Welsh language can be heard in daily use amongst craftsmen and interpreters.

Distance: 17 miles away by Car - Parking £6.50 per day
10am – 5pm daily (open Bank Holiday Mondays)

Children under 16 must be accompanied by an adult at all times.
Entry is free!

Location: St Fagans National Museum of History CF5 6XB

Phone: 03001112333

Email: stfagans@museumwales.ac.uk

www.museum.wales/stfagans/

For Rainy Days & Other Places of Interest

The Royal Mint Experience

38mins away by car

Thrilling tours, exciting exhibitions and cracking coin hunts.

Heol-Y-Sarn, Ynysmaerdy, Pontyclun, Rhondda Cynon Taff, CF72 8YT

www.royalmint.com

Big Pit National Coal Museum

1.5 hours away by car

Pontypool NP4 9XP www.museum.wales/bigpit/

South Wales Aviation Museum

11mins away by car

Picketston Business Park, CF62 4WB

www.southwalesaviationmuseum.com

The Famous Pen y Fan

(Check weather conditions before leaving)

1.5 hours away by car

A strenuous mountain walk/hike on well-made footpaths to the summit of Pen y Fan and Corn Du. 2.5 hours walk – distance 4 miles Car Park Brecon LD3 8NL

National Botanic Garden of Wales

SA32 8HN www.botanicgarden.wales

A wonderful day out, just over an hour away by car.

Wrights Emporium (www.shop.wrightsfood.co.uk) is a very close by, a great place for lunch with delicious local produce. **Llandelio** is a beautiful nearby town with many interesting shops to explore.

The Four Waterfalls Walk is an approximately 5 mile walk (3-4 hour moderate to challenging hike in 'Waterfall Country'. Just over an hour away by car. Starting point at Gwaun Hepste car park CF44 9JF

National Showcaves Centre for Wales

www.showcaves.co.uk SA9 1GF

Another great day out, just under 2 hours away by car.

Apendix

List of items in your accommodation

Kitchen

4 x breakfast bowls

4 x dinner plates

4 x side plates

4 x mugs

2 x French wine glasses

2 x water glasses

1 x carafe

1 x water dispenser

1 x medium pan and lid

1 x steamer and lid

1 x Pyrex dish

1 x Oven tray

1 x Mixing bowl

1 x small frying pan

1 x garlic press

1 x veg peeler

1 x knife holder

1 x bottle opener

1 x scissors

1 x wooden spoon

1 x tongs

1 x serving spoon

1 x jug

1 x rubber hot holder

1 x first aid pack

1 x Tea towel

1 x tray grey

4 x knives

4 x forks

4 x spoons
4 x teaspoons
1 x tea pot
1 x glass cafetière
1 x kettle
1 x Salt
1 x Pepper
1 x fire blanket

3 Bins

2 x Large Bins
1 x Veg Bin

Cleaning Caddy

Washing up Liquid
Brush
Sponge & Cloth
Anti-Bacteria spray

Bathroom

1 x liquid soap
1 x Lotion
2 x hand towels
2 x bath towels
1 x shower mat
Toilet Roller x 3

Bedroom

1 x Large Blanket
1 x Large Cushion
Vase with Flowers
Hair Dryer
2 x Slate Mats & Coasters
Information Pack
1 x touch
Tissues

Booking Terms & Conditions

Cancellation Policy and Terms & Conditions.

Thank you for booking your holiday with us to stay at *hide* at St Donats. This is the boring part, but please take a couple of minutes to read through our cancellation policy and terms and conditions as they contain important information that forms part of the contract between you and *hide*.

Sorry all this is so formal but providing these details prior to your arrival means that you, other *hide* guests and we all understand our obligations under the holiday contract. This hopefully ensures an enjoyable stay for everybody.

Cancellation policy for all accommodation.

We take a 25% deposit at the time of booking. At this point your holiday is considered confirmed and the following cancellation charges come into effect. You are strongly advised to ensure that you have insurance to cover cancellation or curtailment of your holiday (including any Covid-19 related travel and health issues). If you wish to cancel your booking you can do so in writing within 14 days from the date of booking and receive a refund of any deposit paid (unless you are booking less than 90 days prior to arrival). If we do not hear from you within this period, you are deemed to have accepted our terms and conditions. You may cancel your holiday with 'hide' at any time however, the following fee structure will apply:

Number of days before arrival that written notification of cancellation is received

Payment	Time of Booking	Refund
25% Deposit	More than 90 days and within 14 days of booking*	No refund Except
Remaining 75%	90 Days prior to arrival 14 Days of booking within 90 days (no cooling off period)	No Refund
100%	Booking Less than 90 days	No Refund
100%	Premature termination of stay	No Refund

* Our 14-day cooling off period gives you time to read and understand our terms and conditions. Once the 14 days have lapsed you are deemed to have accepted our terms and conditions. This discretionary cooling off period applies if you are booking 90 days or more prior to your arrival date. Where the balance of the payment for your holiday has not been paid 90 days prior to the commencement of your holiday, we will send you a reminder. If within 10 days of the reminder being sent the balance is still outstanding, 'hide' will be entitled to rescind the agreement, retain the deposit, and then claim against you all losses incurred. In the case of cancellation more than 90 days before the commencement of your stay only the deposit will be forfeited. It is your responsibility to ensure you have appropriate insurance.

hide accommodation – terms and conditions of rental

Terms and Conditions – as stated and agreed when booking and checking in.

The rent of accommodation includes the following, in addition to the facilities stated within the description - rental of accommodation and furnishings, parking, use of water and electric.

Children

All guests need to be above the age of 20 within the Cabans and Bugail Hut. In the Walden Lodge two teenagers with accompanying adults are permitted.

Pets

We regret that no pets are allowed on the site – we can get in touch with local kennels if you wish.

Check-in Check-out

Check-in time is between 4.00pm-8.00pm on the day of arrival.

Check-out is 10.30am on your day of departure.

If you arrive too late to be able to complete the check in procedure with a member of staff, we cannot be held responsible for any loss, damage or injury that occurs between time of arrival and completion of the check in procedure. It is your responsibility to view the Introduction Video which explains how to safely operate the wood burner. Contact us using the bell on the Pavilion noticeboard the next morning to complete the check in procedure.

Wood Burning Stove

Wood burning stoves may only be used once a member of staff has shown you how to operate it.

Operating / lit wood burning stoves are not to be left unattended at any time.

Written wood burner instructions are beside the wood burner.

Please do not use anything other than the wood, fire-lighters and kindling that is provided by *hide*.

Deposit

As part of the check-in we will take a pre-authorisation amount of £100 per unit of accommodation.

The pre-authorisation is a temporary hold of funds on a credit or debit card. It is not a charge and no funds will be debited from your account. However, your bank statement may show the pre-authorisation as a pending transaction, so we recommend that a credit card is used.

The pre-authorisation guarantees that the funds are available to pay for any charges incurred during your stay or loss/damage to your accommodation.

Behaviour

To make everyone's stay at *hide* enjoyable, all guests are requested to be considerate of others.

Inappropriate or anti-social behaviour may lead to removal from *hide* without a refund of the rental sum or any part of it.

Please use the pathway to your accommodation and refrain from walking in front of other guests' accommodation.

Noise

Please respect your fellow guests' privacy. Guests are not permitted to play amplified music at any time. After 10.00pm we request that all guests keep noise to a minimum in accommodation areas.

Liability

A. *hide* can accept no liability for theft, loss or damage, of whatever nature, during or as a result of your stay.

B. The person who books assumes responsibility for any other guests within his/her party. You and all members of your party are jointly and severally responsible for all loss, damage or injury which may arise, for *hide* at Donats Ltd. or any third party, as a direct or an indirect consequence of your party's stay.

C. If your accommodation or equipment is left in a poor condition resulting in additional cleaning, repair or replacement, you may be charged to cover the costs incurred.

Force Majeure

Where any cancellation or change to your booking results from force majeure, our liabilities are limited to offering alternative accommodation (where available). We cannot pay any compensation or meet any expenses or costs you may incur as a result of any such cancellation or change. “Force majeure” means any circumstances beyond the reasonable control of *hide* including, without limitation, an act of God, fire, flood, natural or nuclear disaster, adverse weather conditions, war or threat of war or acts or threat of acts of terrorism.

Disclaimer

- It is your responsibility to ensure you and all members of your party are familiar with our terms and conditions.
- It is your responsibility to ensure you and all members of your party are covered by appropriate insurance.
- Although every care is taken in managing the various facilities, such as fire pits and wood burning stoves, *hide* cannot be held responsible for any loss or damage arising from any misadventure associated with any activity.

Guests of Guests

Paying guests are required to register any non-paying guests with a member of staff. A maximum of two non-paying guests are permitted.

Non-paying guests are not permitted to stay overnight. Non-paying guests may not enter *hide* without the paying guest being present. It is the responsibility of the paying guest to ensure that any non-paying guests comply with all *hide* terms and conditions.

Bills

All bills must be settled in full before checking out of *hide*.

Accidents and injuries

If you or any of your party has an accident or suffers any injury at, or in the vicinity of *hide*, please report this as soon as possible to a member of staff and in any event within 24 hours of the incident. As well as wanting to check on a member or guest’s well-being, this information is needed in order to help us comply with our health and safety obligations and for insurance purposes.

If items are broken please inform a member of staff as soon as possible. In cases of genuine accident, the item will be replaced as soon as possible. Where items have been broken, damaged or lost the guest would be expected to pay for a replacement.

Illegal drugs/substances/items

No guest shall purchase, use, ingest, possess, sell or otherwise distribute illegal drugs or other substances or item, or attempt to do any of the same from any of *hide's* premises or in the immediate vicinity thereof. If any of the actions above prove true, the relevant guest will be removed from *hide* and we will inform the police or relevant authorities.

Food and beverages

Please refrain from eating in beds. Where damage on blankets and bedding has occurred due to consuming food and drink in beds, replacement or cleaning costs will be the responsibility of the guest. Please ensure that your accommodation is left as you found it when checking out, any extra cleaning will be charge at an hourly rate. If you would like your accommodation to be cleaned during your stay it will cost £45.

Smoking Policy

No smoking (including e-cigarettes and vapes) is allowed inside the accommodation at any time.

Ashtrays can be provided for use outside of your accommodation.
PLEASE ASK ON ARRIVAL.

Cigarettes are not to be disposed of in the Wood Burning Stoves.

Ashtrays must be emptied when cold into the General Waste.

All guests must abide by *hide's* smoking policy and to all applicable no-smoking governmental laws, rules and regulations.

hide reserves the right to prohibit or limit smoking in any area of the accommodation at any time at its sole and absolute discretion.

hide reserves the right to designate certain outside areas of the accommodation premises as smoking areas and to change the location of such areas at any time, however all members and their guests are requested to respect the wishes of other guests with respect to smoking and to refrain from smoking when requested to do so.

Complaints

Should you find you have any complaint during your stay at *hide*, please notify us immediately and we will do all we can to rectify the problem. Should you remain unsatisfied please notify us in writing within 7 days of the end of your stay.

Please send all correspondence to: -

Hide at St Donats Ltd
Tresilian Wood, St Donats
Llantwit Major
CF61 1ZB

Email: paula@hide.wales
Phone: 01446 794362