

# hide

at st donats

## **WALDEN LODGE** – Guest Information

We have put together the following information to answer practical questions you may have, as well as giving you an introduction to the local area.

We hope this will help you to enjoy your stay with suggestions of walks and places to explore in the Vale of Glamorgan, as well as a guide to pubs, restaurants and shops.

We would be delighted to help with any further information that you may need.

Contact Paula 01446 794362  
07766 726317  
paula@hide.wales

## *The Walden Lodge*

*A journey of discovery that began in America has come full circle and found fruition on the Welsh Coastline. Walden Lodge is a hub of influences and inspiration from one continent to another, with art and craftwork whose subjects include Welsh migration, religion and poetry. The spirit of the American transcendental movement and Thoreau's classic book 'Walden', that reflects on simple living close to nature, inspires the name and spirit of our lodge.*

*Sweeping across the site onto the seascape as far as the Quantock Hills across the channel. This hand-crafted lodge offers a unique stay with notes of Welsh-American connections. The Quantock hills were the home and inspiration for Samuel Taylor Coleridge over many years.*

*Henry David Thoreau was a significant poet and philosopher in the American Transcendental movement. This movement found inspiration in the works of European Romanticism and Coleridge in particular. Thoreau spent two years living in a cabin on the shores of Walden Pond, Massachusetts. This experience provided the foundation for his most famous work "Walden; or, Life in the Woods" – a book that reflects upon simple living in natural surroundings.*

### *Commissioned artists:*

- *Sian O'Doherty, a textile designer based in Narbeth – her blankets depict St Davids cross, St David taught in Lantwit Major our local village.*
- *Ceyfn Burgess, his pictures from an exhibition of Welsh migration depicting Chapels & Churches built by the Welsh in Pennsylvania*
- *Christian Ryan, designed glasswork depicting the influence of Ralph Waldo Emerson's work on American Transcendentalism.*
- *Kate Russel, Welsh ceramics spoons*

## **Contents**

- 1** House keeping
  - 1.1 In case of a fire
  - 1.2 Emergency Contacts and Services
  
- 2** To Contact a member of Staff
  - 2.1 House Bell
  - 2.2 Call and text
  - 2.3 Check-out
  
- 3** Your accommodation
  - 3.1 Blankets (Extra)
  - 3.2 Hair Dryers
  - 3.3 Hot water bottles
  - 3.4 Radiators
  - 3.5 Torch
  - 3.6 Starter Pack
  - 3.7 Wood Burner Stove and Logs
  - 3.8 Fire Pit, BBQ and Charcoal Bags
  - 3.9 Camping Chairs
  - 3.10 Binoculars, Board Games, Television and WiFi
  
- 4** Kitchen
  - 4.1 Oven and induction hob
  - 4.2 Fridge and Small Freezer
  - 4.3 Fire Blanket
  - 4.4 Bins
  - 4.5 Where is everything in the kitchen
  
- 5** Bathroom
  - 5.1 Shower
  - 5.2 The Good Wash Products
  
- 6** Main Gate
  
- 7** Local Transportation

- 8 Understand the tides and cliffs on this coastline, for your safety
  - 8.1 Tides
  - 8.2 Cliffs
  
- 9 Places to Visit & Walks
  - 9.1 Area Map (in appendix) with pointers to areas of interest 1-7
  - 9.2 Walk 2 – Coast and Lighthouse Walk
  - 9.3 Walk 3 – Celtic Crosses Llantwit Major
  - 9.4 Coastal Path Pubs, a walk from here

## Appendix

- Inventory List of items in your accommodation
  
- Terms and Conditions
  
- Area Map

# 1 Housekeeping

## 1.1 In case of a Fire

Please put your own safety first.

Please familiarise yourself with exits, escape routes and fire extinguishers on arrival.

There are 2 Carbon Monoxide alarms, please leave the building if the alarm goes off.

In the event of a fire, leave the building immediately.

Report to the main building, press the “bell” on the Pavilion notice board, telephone 999 and ask for the Fire Service.

A fire extinguisher is located on the wall beside the front door. A fire blanket is in the cupboard below the sink.

## 1.2 Emergency Contacts and Services

### DOCTOR

Western Vale Family Practice – Llantwit Major  
Boverton Road, Llantwit Major, CF61 1XZ  
01446 794080

### HOSPITAL

Princess of Wales Hospital, Coity Road, Bridgend, CF31 1RQ  
01656 752752 – Accident and Emergency 24 hours

**In case of emergency:** telephone 999 and ask for Ambulance Services

**For non-life-threatening medical concerns:** phone NHS 111  
NHS 111 is much more than a helpline, if you're worried about an urgent medical concern, you can call 111 to speak to a fully trained adviser. Depending on the situation, the NHS 111 team can connect you to a nurse, emergency dentist or even a GP, and can arrange face-to-face appointments if they think you need one. NHS 111 advisers can also assess if you need an ambulance and send one immediately if needed. Open 24 hours.

## POLICE

Local Police Station - Llantwit Major

Telephone 01446 792268

[www.south-wales.police.uk](http://www.south-wales.police.uk)

In an emergency telephone 999 and ask for Police.

For a non-emergency telephone 101

**Please always telephone 999 in an emergency.** For example, if there is a risk to life, a crime is happening, or when violence is threatened.

**Please telephone 101 for non-urgent crime and general inquiries.** For example, if your car is stolen, or your property is damaged.

## DENTIST

Wyndham House Dental Practice

Boverton Road

Llantwit Major

CF61 1XZ

01446 795240

## CHEMIST

Boots Pharmacy

7 Boverton Road

Llantwit Major

CF61 1XZ

01446 792300

## **2 To Contact a member of Staff**

- 2.1 House Bell - Press the black button on the Pavilion noticeboard
- 2.2 Call or text Paula on 07766 726317 or 01446 794362
- 2.3 Check-out – 10.30 am prompt

### **3 Your Accommodation**

3.1 **Extra Blankets** are stored in the drawer under the bed in the downstairs bedroom.

**Please do not use Bedding Blankets and Cushions outside**

#### 3.2 **Hair Dryers**

There are two. One is in the cabinet in the downstairs bedroom, the other is in the cupboard behind the curtain upstairs.

#### 3.3 **Hot water bottles**

These are located in the drawer under the bed in the downstairs bedroom.

#### 3.4 **Radiators**

There are single radiators in the bathroom and both bedrooms. Temperatures can be adjusted using the control on the side of each radiator between 0 – off and 5 - highest setting.

The boiler for the heating is set on a timer so that the radiators will operate in the morning and the evening.

**Please let us know if you need any assistance with the hot water and heating system.**

#### 3.5 **Torch**

Located on the hook beside the front door

#### 3.6 **Starter Pack**

Milk is in the fridge.

Tea bags in jar on shelf

Coffee – 100g sample pack and larger pack for purchase if required

Wood is below the wood burner

Kindling, fire-lighters and lighter in basket beside wood burner

#### 3.7 **Wood Burning Stove and Logs**

Wood burning stoves may only be used once a member of staff has shown and explained instructions of how to use.

**Operating / lit wood burning stoves are not to be left unattended at any time.**

Written wood burner instructions are in basket beside.  
Please do not use anything other than the wood, fire lighters and kindling that is provided by *hide*. **Anything other than the wood provided can cause problems with the flue and can create a fire.**

Complementary logs are stored below the wood burner.  
Extra Bags of logs are available at £5 per bag. They are stored in the cupboard under the stairs. These logs can also be used for the fire pit.

### **DO NOT USE DECORATIVE LOGS UNDER THE LODGE**

#### **3.8 Fire Pit, BBQ and Charcoal Bags**

All of these items are stored in the lean-to store cupboard outside, at the side of the lodge.

Please place the Fire Pit and/or BBQ on the stone slab/bricks provided to avoid burning the ground or grass and only use a safe distance away from the lodge i.e. minimum 5 meters away.

BBQ – Charcoal Packs are £4 each

Place the bag in the BBQ and light the bag. Once the coals are mainly grey and smouldering the BBQ is hot enough the cook.  
Please pay for any charcoal / logs used when you check out.

#### **3.9 Camping Chairs**

These are stored on the shelf in the lean-to cupboard outside at the side of the lodge

Please put them away after use, as the squirrels love to chew the chair arms

#### **3.10 Binoculars, Boardgames, Television and WiFi**

Binoculars & Boardgames are in the cabinet in the downstairs bedroom

Television and aerial in box under the stairs

Wifi mobile broadband hub is on the cabinet in downstairs bedroom, password is written on the reverse side of the hub

### **4 Kitchen**

#### **4.1 Oven and induction hob**

Induction cooking heats a cooking vessel by electrical induction, instead of by thermal conduction from a flame, or

an electrical heating element. The cooking vessel must be made of or contain a ferromagnetic metal such as cast iron or stainless steel. Heat is coming from within the pan, making this method of cooking a lot more efficient. You therefore need to ensure that your pans are suitable to use on an induction hob.

Press your finger lightly on the on/off symbol and choose ring / place pan on ring either back or front ring (if it is not placed it doesn't work) / Choosing either front or back - Place finger lightly on the appropriate symbol to increase the temperature – P is the hottest only use for boiling quickly.

**Please use the rack beside the hob for hot pans.**

4.2 **Fridge and Small Freezer** – please be careful to ensure freezer door closes fully.

4.3 **Fire Blanket** – this is under the sink in the kitchen and can be used to smother flames in the event of a small fire.

4.4 **Bins** – there are three – Recycling, General and Food Waste. The Main refuse area is in the corner of the carpark. **Please respect the correct disposal of waste.**

4.5 **Where is everything in the Kitchen?**

Pans	Under the oven
Fridge	First cupboard
Cleaning equipment	Second Cupboard
Dishwasher tablets	Second Cupboard
Foil & Cling Film	Second Cupboard
Steamer	Second Cupboard
Dishwasher	Third Cupboard
Pots and Pans	In drawer below Oven
Cutlery	Pull-out drawer beside oven
Table wear	Cupboard under the breadbin

**5 Bathroom**

**Please do not put anything other than toilet paper down the toilet**

- 5.1 **Shower** – there is an anti-slip shower mat hanging on the rail inside the cupboard next to the shower in the bathroom.
- 5.2 **The Good Wash** supply all our bathroom products – If you would like to purchase any of these products to take home text Paula 07766726317

**6 Main Gate**  
The gate is usually left open.

**7 Local transport information**

Bus 303/304

Departs from the Bus Shelter in St Donats heading to either Barry or Bridgend via key towns and beeches.

The times are 11 mins past the hour going to Bridgend and 39 minutes past going towards Llantwit Major.

(Timetable every hour and every 2 hours on Sunday – on Sunday it is 1 min past hour going to Bridgend not 11 mins)

Please Check: [www.firtsbus.co.uk/sites/default/files/public/maps/303.pdf](http://www.firtsbus.co.uk/sites/default/files/public/maps/303.pdf)

Taxi

Paul, Heritage Cars	01446 793131
Andy Cars	01446 796777
Bay Cars, Boverton Park	029 2035 0350

Trains

Llantwit Major Station

8 minutes away via Car or 303 Bus.

Parking at the station is free.

Trains normally at 21 minutes past the hour to Bridgend and 54 minutes past the hour into Cardiff. Please check before travel.

Bridgend Station

35 minutes away via Car or taxi. Parking is limited and pay and display.

Main Line to Swansea and London Paddington (2.5hours).

Timetables: [www.nationalrail.co.uk](http://www.nationalrail.co.uk)

## **8 Understand the tides and cliffs on this coastline, for your safety**

### **8.1 Tides**

The beaches and shoreline along this coast are tidal. This means that they are covered by the sea at high tide and this needs to be planned for so that you do not become stranded.

The tide also comes in quickly as the Bristol Channel has the second highest tidal range in the world and can reach heights up to 13 metres.

Daily tide times are written on the Pavilion noticeboard.

How the tides work?

We suggest starting your walk on the shoreline 2.5 hours after high tide to walk safely on the shoreline. You must be on dry land at an exit from the shoreline no later than 1 hour after low tide to avoid being trapped. This gives you a maximum of 4.5 hours to walk along the shoreline. The exits onto dry land are 1.5 hour walk between each exit, note: there are no exits in-between, you cannot climb the rock face.

Exits from Shoreline on Walk 2 – Coast & Lighthouse walk

- Slipway in front of St Donats Castle
- Nash Point
- Cwm Nash

### **8.2 Cliffs**

The cliffs along this stretch of coast are made of fractured Jurassic Limestone. This means that they are liable to crumble. Rocks can fall off the cliff at any time and under any weather conditions. For your own safety, DO NOT go to the edge of the cliff and DO NOT sit directly below the cliff, stay at least 30 metres away from the base of the cliff.

## **9 Places to visit and Walks**

### 9.1 **Area Map**

You can see there are numbers on the area map within this folder – a little information about each of these areas 1 to 7 Destinations... follows in this booklet at Point 1.

### 9.2 **Walk 2 – Coast and Lighthouse Walk** – leaflet at back of folder

**Can be walked along the cliff line or shoreline (if shoreline please read 8.1 above)**

You can join this walk directly from our site. Walk down the drive, turn right and walk along the road, in about 200 meters on the opposite side (corner of the playing field opposite) you can see a black bin, just before it, there is a kissing gate. You are now at Point 8 on the Walk 2 leaflet. \*\*\*

Note: There are four exits within 3.5 miles of the Jurassic coastline on Walk 2 (Leaflet) – Coast & Lighthouse Walk, the first and closest exit from our site onto the shoreline is in front of the Atlantic College/St Donats Castle (see walk 2, point 9 on the map) the second is Nash Point, the third is Cwm Nash – these are all about 1.5 hours walk between each, so understanding tides is very important (**see 8.1 Tides above**). There is a famous pub inland from Cwm Nash, have some food & a pint and get the 303 back to St Donats! Or you can continue for another 40 mins walk via the cliff line to Dunraven Bay (which has a sandy beach), you can walk to the main road from the beach where you can find the Three Golden Cups for some food and drink, after which you can get the 303 Bus to get back to St Donats. You can pay by card on the bus.

### 9.3 **Walk 3 – Celtic Crosses Llantwit Major**

You can join this walk direct from our site. Walk down the drive, turn right and walk along the road, in about 200 meters on the opposite side (corner of the playing field opposite) you can see a black bin, just before it there is a kissing gate. Go through the gate and walk down through two fields until you are just before the cliff-line, turn left, you are then

joining point 12 and follow via point 7 and the beach (CWM Colhugh) and onto Llantwit Major on the Walk 3 Leaflet. \*\*\*  
Note: this walk is mainly following the path along the top of the cliffs. When you get to point 10, Tresilian Bay, which is a pebble beach, the tide does not cover this entirely, so you don't need to worry about being trapped by the tide. You can continue this walk to Llantwit Major town and catch the 303 bus home after a pint in the Old Swan or White Hart!  
If in doubt, please ask as your safety is our priority.

#### **9.4 Coastal Path Pubs a walk from hide**

The 303 Bus service is available beside the mentioned pubs below to return to St Donats. You can pay by card, the timetable: [www.adventuretravel.cymru/bus-services/vale-of-glamorgan/303/](http://www.adventuretravel.cymru/bus-services/vale-of-glamorgan/303/))

#### **Horseshoe Inn – Walk 2 (CLOSED for refurbishment)**

1.5 miles walk – Kitchen: Every Day

Traditional country pub set in the tranquil village of Marcross in the Heritage coast area of the Vale of Glamorgan.

#### **Plough & Harrow - Walk 2**

3 miles walk via the coastal path - One of the oldest pubs in Wales on the side of an old monastery. Warm welcoming atmosphere, the finest real ales and freshly cooked food.

Tel:01656 890209

[www.facebook.com/ploughandharrowmonknash/](http://www.facebook.com/ploughandharrowmonknash/)

#### **\*The Old Swan Inn – Walk 3**

3 Miles walk via the coastal path. 12<sup>th</sup> Century pub. Church Street, Llantwit Major CF61 1SB Tel: 01446 792230 No food served on Monday and Tuesday.



## **POINT 1            Llantwit Major**

The town's name in Welsh, Llanilltud Fawr, and is derived from the name of Saint Illtud, who came to the area from Brittany, Gaul. He founded the monastery of Illtud and the college attached to it, Cor Tewdws, which would grow into one of the most esteemed Christian colleges of the times. At its peak, it attracted over 2000 students, including princes and numerous eminent clergymen, some now revered as saints. Destroyed by the Vikings in 987, the monastery was rebuilt in 1111 and continued to be a centre of learning governed by Tewkesbury Abbey until it closed in 1539 during the Dissolution of the Monasteries. The 13th-century St Illtyd's Church, built near the ancient monastery, is today a Grade I listed building and one of the oldest parish churches in Wales. There is a visitors centre with a significant collection of early Celtic Crosses.

### **a) How to get there?**

Llantwit Major is 1.2 miles away and is our local town.

**Car:** Turn left out of the drive and continue until you reach the old square surrounded by the town hall and public houses. You can park behind the Town Hall.

**Bus:** Bus Shelter in St Donats. The bus will travel towards *hide* to get to Llantwit Major – see point 7 Local transport information above.

**Walking:** We do not encourage walking to Llantwit Major on the road, there is no pedestrian pavement and cars travel at speed. Follow 'Walk 3' as described at 9.3 earlier in this booklet.

### **b) Places to eat and drink – Llantwit Major**

#### **The Old Swan Inn**

3 miles via 'Walk 3' -12<sup>th</sup> century pub

Church Street, Llantwit Major CF61 1SB

01446 792230 – best to call them if you are planning on eating.

#### **The White Hart**

Pub/Restaurant

Wine Street,

01446 796956 – best to call them if you are planning on eating.

### **The Bakehouse**

Café 9am – 4pm

Commercial St, CF61 1RB 01446 793653

### **Porto Due - Italian**

Restaurant

14a Pound Field, CF61 1DL 01446 789977

### **c) Shopping – Llantwit Major**

**Grocery** - Co-Op Boverton Road, Llantwit Major, CF61 1XA

Mon – Sat 7am – 11pm Sunday 10am – 4pm

**Grocery** - Filco – Boverton Road, Llantwit Major, CF61 1XA

A small supermarket with everything from vegetables, the brand COOK is available here. You can choose from a variety of homemade meals, you can prepare from frozen using your oven.

**Butcher** – Farmers Pantry

5 Barons Close House, East Street, Llantwit Major CF61 1TD

Monday – Friday 8am – 5pm Saturday 8am - 4pm

**Deli and Bakery** – Church Street Bakery

Wed, Thur, Fri, Sat - 10.30am - 2pm

### **d) Beach**

Please read safety information about tides and cliffs on this coastline in section 8 of this information booklet.

CWM Colhugh, Llantwit Major

Beach car park – Post Code: CF61 1RF

Bus 303 from St Donats bus stop to town and continue walking to the beach.

Walk via ‘Walk 3’ (Leaflet)

Llantwit Major beach has Parking, toilets and a cafe right on the sea front. The beach has some sandy parts interspersed with Rock Pools. With some stunning cliffs and geology each side of the beach. Lifeguards are often on duty during the summer season. There is a slipway onto the beach for easy access to the sand.

## **POINT 2            Llanccarfen – 8.4 miles**

### **Medieval wall paintings**

The church of St. Cadoc at Llanccarfen is the focus of this small and charming village in the heart of Vale of Glamorgan. The village sits 8 miles from St Donats.

The church is open to visitors between 9am and 5pm every day. Individual and group visits are most welcome.

In 2005/6, we had the roof of the South Aisle at St Cadoc's renewed and as part of that exercise some of the Wall Plates, which had been destroyed by Death Watch Beetle had to be replaced, during this some of the lime wash knocked off the wall and a 'Red Line' was found beneath, which indicated that there was almost certainly a major wall painting beneath, as we already knew from somewhat amateurish exploration previously that the wall was definitely painted.

As the Church is a Grade 1\* listed building we had to employ conservationists to come and investigate, so, it was that in early 2008 Jane Rutherford and Anne Ballantine came to Llanccarfen to investigate.

It was on Shrove Tuesday 5th February 2008 that they found the most amazing start of George and the Dragon which was below over 20 coats of lime wash and from there on until this October work has continued to expose the most extraordinary series of Wall Paintings. George and the Dragon is one of the finest paintings of its kind anywhere in Great Britain, if not Europe, but we also have the most marvellous 'Death and the Gallant' which I understand is unique, coupled with this the Seven Deadly Sins are in the most excellent condition and then on the opposite wall the Several Acts of Mercy, which whilst not in good condition are certainly worth seeing.

Lastly, we have uncovered not just one doorway into the 'Roode Loft' but two, also paintings which would have been a background to the 'Roode Screen' above the Chancel Arch, all in all a panoply of Mediaeval Art which is not found elsewhere, making St Cadoc's

Church the most important and marvellous ecclesiastical site in the Vale of Glamorgan.

**a) How to get there?**

By car: CF62 3AD

**b) Places to eat and drink - Llancafán**

**The Fox and Hounds**

Llancafán, Barry CF62 3AD Tel: 01446 612134 – best to call them if you are planning on eating.

A country inn with bar, restaurant and a covered outside terrace overlooking St Cadoc's Church in the picturesque village of Llancafán.

### **POINT 3            Cowbridge - 7 miles**

The market town of Cowbridge in the Vale of Glamorgan. Most of Cowbridge High Street and its little allies are lined with small independent shops. For a morning coffee, brunch or a great place for supper.

The Cowbridge Town Hall, a building whose foundations date back perhaps as far as the Elizabethan era, served as a prison until 1830, when it was converted into a town hall to replace the former Guild Hall, demolished at that date. The New Palladian Town Hall was built in 1830 by Isaiah Verity of Ash Hall who in gratitude was made a Freeman of Cowbridge. Eight of the original prison cells are still intact, six of which house the exhibits of Cowbridge Museum. The museum holds archaeological finds from Cowbridge and district, as well as displays on the later history of the town, including industrial and domestic artefacts, a photographic collection, and a small historical costume collection.

#### **a) How to get there?**

By Car – CF71 7DD

#### **b) Places to eat and drink - Cowbridge**

##### **The Penny Farthing Cafe**

54 High St, Cowbridge CF71 7AH Tel: 01446 774999

Menu: [www.townandcountrycollective.co.uk](http://www.townandcountrycollective.co.uk)

Cosy cafe offering Mediterranean dishes and Welsh comfort-food

Monday- Sunday            8.30am - 5pm

##### **Harrys Bar**

Bar/Restaurant

2 Westgate, CF71 7AQ

01446 771450

##### **Toscana – Italian Restaurant**

Unit 1 Britannia House Tel: 01446 789115

**Barbacoa – Tapas**

69 High St, CF717AF Tel: 01446 789318

Tues – Saturday

**Ground Café**

35 High St, CF71 7AE

**The Pear Kitchen – Vegan Café**

15 High Street, CF71 7AD Tel: 01446 772001

**Hare & Hound Bakery – for eating in or takeaway**

[www.hareandhoundsbakery.com](http://www.hareandhoundsbakery.com)

North Road, Cowbridge CF71 7DF

**Public Houses Cowbridge – all on the High Street****The Bear Hotel** - restaurant open 12 – 9pm daily

The Bear Inn, today known as the Bear Hotel, is an inn on the Cowbridge High Street. The block stone building has a blue plaque on the front, making its historical significance. It became a Grade II listed building on 12 May 1963. The inn is dated to the medieval period, around the 12<sup>th</sup> century. Tel: 01446 774814

**The Vale of Glamorgan – Food at lunchtime**

Traditional pub specialising in real ales. Tel: 01446 772252

**The Duke of Wellington – kitchen open daily.**

A traditional pub, cosy bar and dining areas Tel: 01446 773592

**Shopping Cowbridge:**

**Grocery** – Waitrose and Partners, Birds Lane,

Cowbridge CF71 7AG Mon– Sat 8am- 9pm Sun 11am – 5pm

**Butcher** – I.G Nicholas, 26 High Street,  
Cowbridge, CF71 7AG Tues – Sat 9am – 5pm

**Deli** – Elephant and Bun  
31 High Street, Cowbridge, CF71 7AE

**Farmers' Market** - Arthur Johns Carpark  
North Road, Cowbridge, CF71 7DF  
1<sup>st</sup> & 3<sup>rd</sup> Sat of the month 9am – 1pm

**Forage** – Deli/ Restaurant/ Café & Farm Shop  
[www.foragefarmshop.co.uk](http://www.foragefarmshop.co.uk) Tel: 01446 774113  
Penllyn Estate, Llwynhelig, Cowbridge CF71 7FF



## **POINT 4            Dunraven Bay (also known as Southerndown)**

Distance - 4.6 miles

Please read safety information about tides and cliffs on this coastline in section 8 of this information booklet.

Dunraven Bay is arguably the most scenic of the numerous idyllic beaches in the Vale and is certainly the most popular with the locals. The drive or walk to the bay is right on the cliff edge and has the type of dramatic drops that will make your heart shudder. Although the beach is officially called Dunraven Bay, it is also called Southerndown beach. The half pebble, half sand stretch is nicely secluded and has impressive surf due to the eastern Atlantic offshore winds. If you fancy a good walk and less people, try going through the large gate in the car park and walk along the Glamorgan Coastal Path past the ruins and gardens of Dunraven castle to the next bay. The views are wonderful and there is plenty of space when the tide is out to sit and relax.

**Beaches** - Geologists love this rugged stretch of the Glamorgan Heritage Coast. Around 300 million years ago, a continental collision caused its limestone cliffs to be pushed up out of the sea and contorted into striking formations of stacked rock. This is one of the best places in Wales to hunt for Jurassic fossils including large bivalves (Pinna), Gryphaea (Devil's Toenails) and ammonites. Ichthyosaur bones have also been found.

### **a) How to get there**

**Car:** Car Park CF32 ORP – usually approximately £5 for the day.

**Walk:** Approximately 4 hours\* Follow Walk 2 and continue until you get to a cove with a lifeguard hut, you are there. You can get the 303 bus from the Three Golden Cups pub on the main road to get back to St Donats, 800 meters from our site.

**Bus:** Bus Shelter in St Donats. The bus will travel towards *hide* to get to Llantwit Major – see point 7 Local transport information above.

**b) Places to eat and drink – Southerndown/ Dunraven Bay**

**Three Golden Cups Pub**

Directly positioned at the top of the lane from the beach.  
(303 bus stop to get back to hide) Tel: 01656 880432  
Southerndown/ Dunraven, Vale of Glamorgan, CF32 0RW

**Frolics Restaurant** (bus stop to get back to hide)

Italian, Mediterranean Menu Tel: 01656 880127  
Beach Road, Southerndown CF32 0RP

**The Great White Café & Kitchen**

Tel: 01656 332638

Great View – Bar open until sundown

(Bus stop to get back to the hide 303 Bus)

20 mins walk from Dunraven/Southerndown Beach  
West Farm, Southerndown CF32 0PY

## **POINT 5            Ewenny Priory**

Distance - 6.1miles

Abbey Rd, Bridgend CF35 5BW

Ewenny Priory, was a monastery of the Benedictine order, founded in the 12th century.

The priory was unusual in having military-style defences and is widely regarded as one of the finest fortified religious buildings in Britain. Over the centuries the priory has sustained some damage, and following the Dissolution of the Monasteries in 1536, was, like many of its kind, converted into a private house, Ewenny Priory House, which is still inhabited by its current owners, the Turberville family. The priory is not open to the public apart from the church, The priory was founded in 1141 by Maurice de Londres when he granted the nearby Norman church of St. Michael to the abbey of St. Peter at Gloucester (now Gloucester cathedral), together with the churches of St Brides Major, St. Michael at Colwinston and the manor at Lampha. The church had been built in the 12th century by his father, William de Londres, one of the Norman knights of Glamorgan. The village of Ewenny grew around the Priory and church.

Transept of Ewenny Priory, Glamorganshire

J.M.W. Turner

The church is a Grade I listed building, the house is Grade II Although Turner had made only a quick drawing of the interior of Ewenny Priory on his first tour of South Wales in 1795, he was clearly fascinated by the place, for its bold Romanesque architecture and mysterious atmosphere. He developed the first modest study, in his Smaller South Wales sketchbook (Tate D00472; Turner Bequest XXV 11) into an important watercolour, shown at the Royal Academy in 1797 (National Museum Wales, Cardiff).

### **a) How to get there:**

**Car:** CF35 5BW free Carparking

**Bus:** 303 towards Bridgend – get off at end of Abbey Road

**b) Places to eat and drink – Ewenny**

**Ewenny Village Shop** – take away, great little bakery, fabulous pasties! 32- 24 Wick Rd, Bridgend CF35 5BZ

**The Fox** - on the way or returning to Ewenny you pass a small village St Brides Major where there is a great pub.

[www.thefox-stbridesmajor.co.uk](http://www.thefox-stbridesmajor.co.uk)

Owned by the famous rugby player Gavin Henson

St Brides Major CF32 0SA      Tel: 01656 881048

## **POINT 6            Mertyr Mawr Beach & Dunes**

There are two beaches separated by the River Ogmore, please note that this river is affected by the tides. This location (beach) is related to the west side of the river. Please read safety information about tides and cliffs on this coastline in section 8 of this information booklet. Please note, if you cross the river you can get trapped with the high tide. **Distance 6.4 miles**

The sandy beach is backed by the dunes of Merthyr Mawr Warren on the west side of the Ogmore river. Parking is at a Pay and Display car park pleasantly situated in a wooded glade next to the ruins of Candleston castle; a 14th century fortified manor house. A small wooden hut houses male and female toilets. The car park can be reached by following the lane through Merthyr Mawr village, with its delightful thatched cottages.

Beach - Access to the beach is a walk of about a ¾ mile across the dunes of Merthyr Mawr Warren. This dune system is a maze of paths and there are numerous possible routes to the beach, so if you're not familiar with the area follow the route marked with red discs. The largest sand dune in Europe, known locally as the Big Dipper is just to the south of the car park.

### **a) How to get there**

**Car** Mertyr Mawr/ Candleston Car Park CF32 0LS

### **b) Places to eat and drink – Mertyr Mawr**

#### **The Pelican Inn**

[www.thepelicaninnogmorebysea.co.uk](http://www.thepelicaninnogmorebysea.co.uk)

Ogmore Rd, CF32 0QP    Tel: 01656 856464

#### **The West Farm** – Great View across the channel

The Great White Café Bar & Kitchen

Tel: 01656 332638



## **POINT 7            St Fagans, National Museum of Welsh History**

Loved by our guests, this museum has been Wales's most popular heritage attraction for many years. It holds a special place in the hearts of the people of Wales. This is because St Fagans is a people's museum, where we explore history together through people's everyday lives.

Entry to the Museum free, thanks to support from the Welsh Government.

Since 1948 over forty original buildings from different historical periods have been re-erected in the 100-acre parkland, among them houses, a farm, a school, a chapel and a splendid Workmen's Institute.

At St Fagans you're invited to explore the story of Wales, to shape it and share it with others. In the galleries you can do this in different ways – through play, sharing online or by making things yourself by hand. The galleries have been created with the help of numerous individuals, organizations and communities across Wales

Traditional crafts and activities bring St Fagans alive, in workshops where craftsmen still demonstrate their traditional skills. Their produce is usually on sale. Native breeds of livestock can be seen in the fields and farmyards, and demonstrations of farming tasks take place daily. Visitors gain an insight into the rich heritage and culture of Wales, and the Welsh language can be heard in daily use amongst craftsmen and interpreters.

### **a) How to get there**

**Car:** Distance: 17 miles away

10am – 5pm daily (open Bank Holiday Mondays)

Children under 16 must be accompanied by an adult at all times.

Entry is free!

Location: St Fagans National Museum of History, CF5 6XB

Phone: 03001112333    Email: stfagans@museumwales.ac.uk

Parking - £6.50 per day.



## **For Rainy Days & Places of Interest:**

### **South Wales Aviation Museum**

11 mins away by car

Picketston Business Park, CF62 4WB

[www.southwalesaviationmuseum.com](http://www.southwalesaviationmuseum.com)

### **The Royal Mint Experience**

38mins away by car

Thrilling tours, exciting exhibitions and cracking coin hunts.

Heol-Y-Sarn, Ynysmaerdy, Pontyclun, CF72 8YT

[www.royalmint.com](http://www.royalmint.com)

### **Big Pit National Coal Museum**

1 hour and 30 minutes away by car

Pontypool NP4 9XP      [www.museum.wales/bigpit/](http://www.museum.wales/bigpit/)

### **The Famous Pen y Fan**

1 hour and 12 minutes away by car

(Check weather conditions before leaving) 32 miles by car.

Pen y Fan, standing at 886 meters in the Bannau Brycheiniog

(Brecon Beacons) National Park, is the highest peak in South Wales

and Southern Britain. A strenuous mountain walk/hike on well-

made footpaths to the summit of Pen y Fan and Corn Du.

2.5 hours walk – distance 4 miles walk.

#### **a) How to get there**

**Car:** You can park at Storey Arms Outdoor Centre, Llibanus, Beacon, Powys. LD3 8NL (1 hour 15 mins drive)

### **National Botanic Garden of Wales**

[www.botanicgardens.wales](http://www.botanicgardens.wales) (1hour and 10mins drive)

A wonderful day out, just over an hour away by car.

#### **a) How to get there:**

**Car:** SA32 8HN

#### **b) Places to eat and drink**

**Wrights Emporium** is a very close by, a great place for lunch with delicious local produce. By Car SA32 8JU

**Llandelilo Town** is a beautiful nearby town with many interesting shops to explore. By car - SA19 6HW

### **The Four Waterfalls Walk**

1hour 10 minutes by car.

Is an approximately 5 mile walk (3-4 hour moderate to challenging hike in 'Waterfall Country'. Just over an hour away by car. Starting point at Gwaun Hepste car park CF44 9JF

### **National Showcaves Centre for Wales**

Please prebook your ticket, limited numbers. 1 hour 20 minutes by car SA9 1GF [www.showcaves.co.uk](http://www.showcaves.co.uk)

## APPENDIX

### INVENTORY

#### Kitchen

4 x breakfast bowls  
4 x dinner plates  
4 x side plates  
4 x mugs  
2 x wine glasses  
4 x water glasses  
1 x carafe  
1 x medium pan  
1 x steamer and lid  
1 x Pyrex dish and lid  
1 x Oven tray  
1 x Mixing bowl  
1 x garlic press  
1 x veg peeler  
1 x knife holder  
1 x bottle opener  
1 x scissors  
1 x wooden spoon  
Set of Utensil Preparation  
Equipment  
3 x Metal Utensils for BBQ only  
1 x jug  
1 x rubber hot holder  
1 x first aid pack  
1 x Tea towel  
1 x tray grey  
4 x knives  
4 x forks  
4 x spoons  
4 x teaspoons  
1 x tea pot  
1 x glass cafetière  
1 x kettle  
1 x Salt  
1 x Pepper  
1 x Foil  
1 x Cling film  
2 x hi-vis vests  
1 x fire blanket  
1 x Fire Extinguisher – on wall  
1 x Torch  
3 Bins  
2 x Large Bins  
1 x Compost Bin  
Cleaning Caddy

Washing up Liquid  
Brush  
Cloth  
Sponge  
Anti-Bacteria spray  
Fly Spray  
Air Fresher

#### Bathroom

1 x liquid soap  
1 x Lotion  
2 x hand towels  
2 x bath towels  
1 x shower mat  
Toilet Roll x 3

#### Bedroom

1 x Large Blanket  
1 x Large Cushion  
1 x Picnic Blanket Under bed  
1 x Large Blanket (Extra) –  
Under bed  
2 x Outside Shawls -Under bed  
2 x hand towels  
2 x bath towels  
Hair Dryer – in cupboard  
1 x Binoculars – in cupboard  
2 x Slate Mats  
2 x Coasters  
Candle holder  
Tissues  
Vase with Flowers  
Information Booklet

#### Wood Store

BBQ  
Fire pit  
2 x Charcoal bags  
2 x Bags of Logs  
1 x Ash Bucket  
2 x camping chair

Terms & Conditions for your stay...

[hide accommodation – terms and conditions of rental \(Synopsis\)](#)

### **Check-in Check-out**

Check-in time is between 4.00pm-8.00pm on the day of arrival, if you are going to be later please phone 01446 794362

Check-out is 10.30am prompt on your day of departure.

### **Wood Burning Stove**

Wood burning stoves may only be used until a member of staff has completed an introduction of the correct usage.

**Operating / lit wood burning stoves are not to be left unattended at any time.**

Written wood burner instructions are beside the wood burner.

Please do not use anything other than the wood, firelighters and kindling that is provided by *hide*.

### **Deposit**

As part of the check-in we will take a pre-authorisation amount of £150 per unit of accommodation.

The pre-authorisation is a temporary hold of funds on a credit or debit card. It is not a charge and no funds will be debited from your account.

However, your bank

statement may show the pre-authorisation as a pending transaction, so we recommend that a credit card is used.

The pre-authorisation guarantees that the funds are available to pay for any charges incurred during your stay or loss/damage to your accommodation.

### **Behaviour**

To make everyone's stay at *hide* enjoyable, all guests are requested to be considerate of others.

Inappropriate or anti-social behaviour may lead to removal from *hide* without a refund of the rental sum or any part of it.

Please use the pathway to your accommodation and refrain from walking in front of another guests' accommodation.

### **Noise**

Please respect your fellow guests' privacy. Guests are not permitted to play amplified music at any time inside or outside of the accommodation. After 10.00pm we request that all guests keep noise to a minimum in accommodation areas.

### **Liability**

A. *hide* can accept no liability for theft, loss or damage, of whatever nature, during or as a result of your stay.

B. The person who books assumes responsibility for any other guests within his/her party. You and all members of your party are jointly and severally responsible for all loss, damage or injury which may arise, for *hide* at Donats Ltd. or any third party, as a direct or an indirect consequence of your party's stay.

C. If your accommodation or equipment is left in a poor condition resulting in additional cleaning, repair or replacement, you may be charged to cover the costs incurred.

### **Guests of Guests**

Paying guests are required to register any non-paying guests with a member of staff. A maximum of two non-paying guests are permitted for a maximum of 2 hours.

Non-paying guests are not permitted to stay overnight. Non-paying guests may not enter *hide* without the paying guest being present. It is the responsibility of the paying guest to ensure that any non-paying guests comply with all *hide* terms and conditions.

### **Bills**

All bills must be settled in full before checking out of *hide*.

### **Accidents and injuries**

If you or any of your party has an accident or suffers any injury at, or in the vicinity of *hide*, please report this as soon as possible to a member of staff and in any event within 24 hours of the incident.

As well as wanting to check on a member or guest's well-being, this information is needed in order to help us comply with our health and safety obligations and for insurance purposes.

If items are broken please inform a member of staff as soon as possible. In cases of genuine accident, the item will be replaced as soon as possible. Where items have been broken, damaged or lost the guest would be expected to pay for a replacement.

### **Illegal drugs/substances/items**

No guest shall purchase, use, ingest, possess, sell or otherwise distribute illegal drugs or other substances or item, or attempt to do any of the same from any of *hide's* premises or in the immediate vicinity thereof. If any of the actions above prove true, the relevant guest will be removed from *hide* and we will inform the police or relevant authorities.

### **Food and beverages**

Please refrain from eating in beds. Where damage on blankets and bedding has occurred due to consuming food and drink in beds, replacement or cleaning costs will be the responsibility of the guest. Please ensure that your accommodation is left as you found it when checking out, any extra cleaning will be charge at an hourly rate. If you would like your accommodation to be cleaned during your stay it will cost £30.

### **Smoking Policy**

**No smoking (including e-cigarettes and vapes) is allowed inside the accommodation at any time.**

Ashtrays can be provided for use outside of your accommodation. PLEASE ASK. Cigarettes are not to be disposed of in the Wood Burning Stoves. Ashtrays must be emptied when cold into the General Waste.

**Complaints** Please get in contact immediately if you have any problems and Tom and Paula will assist and help where possible. Call the buzzer or call Paula on 07766726317